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Sithuthukisa Bonke

C R I S I S C E N T R E

N E W S L E T T E R

S P R I N G
E D I T I O N

Sithuthukisa Bonke Crisis Centre (SBCC) is a Non-profit organization under the Department of Social Development that came into existence since 2008 March. It aims to eradicate the high levels of drug and alcohol users. The mission statement is to mobilize community and other stakeholders to identify the problem and work collectively to fight substance abuse, and develop skills and abilities by providing access to information and structures of support that will assist individuals involved in substance abuse and caregivers to deal with personal and professional challenges. In addition, the vision statement of SBCC is contributing to the physical, emotional, social and intellectual improvement of the community. This newsletter(s) is to provide highlights of the daily services that Sithuthukisa Bone Crisis Centre.

Say NO to drugs march

Drugs have destroyed so many lives in South Africa and allowing this dangerous substance roam our streets freely will cause even more damage to our economy. Department of Social Development and other various NGO's (non-government organizations)/NPO's (non-profit organizations) such as Sithuthukisa Bonke Crisis Centre (SBCC) went to protest in Pretoria high court against the legislation of drugs. This protest went on for weeks and yet the result is yet unknown. However, concerned citizens of South Africa will not stop until the high court decides not to put legislation of drugs and find other ways to eradicate drugs in our community.



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FPD Training at Municipality head offices

We have acknowledged that all socio-economic issues are related and abuse in gender of women and children, might be caused by the use of substance abuse from other individual and since we deal with substance abuse, we aim to work and learn from other organizations on how to tackle the root of all the socio-economic issues. The Tshwane Municipality in Atteridgeville with partnership with FPD (Foundation of Professional Development) a gender based violence workshop for various NPO's. The activities in the program aimed at informing the public on how to deal with gender abuse in the work place, home, school or any other public environment. Nonetheless, the gender-based violence does not only occur in women and children but also at men. SBCC staff learned a lot from the workshop and we aim to implement the correct measures to ensure a happy and gender violence free environment.



Outreach programs

Children are the future of the world and if we do not start building them up with information and keeping them away from this deadly substance; we will create a zero-violence from this country. SBCC staff dedicates to go to schools in and around Tshwane and conduct outreach programs and Ke Moja programs. To empower these future leaders through necessary information about socio-economics that has a negative impact on our society. During these outreach programs are in schools such as Motsweding primary schools, Mabafeng primary school, Banareng primary school and so much more. We conduct presentations also known as Mass base and Ke Moja "I'm fine without drugs" where learners are educated about drugs, self-realization and how to defeat personal challenges as they grow up. This outreach programs has made an impact on many learners lives and still yet to come!



Prevention and awareness program

When community seeks help, they should know where to find help and what other way to help them seek help if not through creating awareness! SBCC ought to create awareness of the services that we provide so people can know where to get the best help with a smile. This prevention and awareness program are done particularly every week to ensure that more than enough people should know that there is help and the door is always open for them. We conduct prevention and awareness programs all over Tshwane to provide help to those who are need of our services. We have been in parts such as Bougainville, Marabastad (which is a targeted area for high rate of drug users) and so many more. We endure that this awareness has helped so many lives and will continue to do so.



Support groups

We are the shoulder you can cry on; one of our popular services is the Support Group. The support group was developed, for former and current drug users to share stories of their journey of using drugs, to find solutions to overcome this drug that is killing the future of so many of the South Africans. Specialist SBCC social workers that use this support groups to obtain information that they can use to inform the public about the causes and the side effects of using substance abuse. Everyone is welcome to attend the groups after all we are for the community.



SBCC adds on a New Look

When you look good, you feel good and you make others feel good! SBCC puts on a NEW LOOK to welcome current and new customers and with a new look, it guarantees better service with a little bit of traditional input because a drastic change will drive away our loyal customers. In order, we want to keep them and keep others coming. The inspiration of the drawings is from our focus at SBCC-drugs. The drawings will give an immediate picture of what we are dealing with at SBCC and people will notice that they are in the right place. The image of the organization is important especially at targeting our target audience because a friendly look makes the audience will the friendly warm welcoming of our staff and immediately as they enter through our doors they are now part of us, we are now family.



Learners dialogue on Substance Abuse

SBCC went to a Learners Dialogue at Makgwareneng Primary School along with other primary schools organized by GCR soul city. The dialogue was to educate the primary school learners about substance abuse and to hear from the learners side what they know about substance abuse. The activities kept the learners entertained about the educational activities, and motivational talks by the speakers of what they experienced or they saw other people experience from using drugs. The learners were happy about they absorbed from the activities and speakers and this will continue to have an impact in their lives.

